

The Marijuana Problem Scale (MPS) was developed in 1994 by R.S. Stephens and colleagues. It is a self-report assessment that helps you identify areas in your life affected by marijuana use. The MPS contains 19 items that represent potential negative effects of marijuana on social relationships, self-esteem, motivation and productivity, work and finances, physical health, memory impairment, and legal problems.

Once completed, add the number of items reported as a minor problem or serious problem (1 or 2), and compare your score with other individuals from the table following the questionnaire. For The Secret Addiction website members, you can also complete the MPS on the Secret Addiction website ([secretaddiction.org](http://secretaddiction.org)), which will automatically calculate the comparisons for you.

### *Marijuana Problem Scale*

Following are different types of problems you may have experienced as a result of smoking marijuana. Please circle the number that indicates whether each item has been a problem for you in the past month.

<i>Has marijuana use caused you....</i>	<i>No Problem</i>	<i>Minor Problem</i>	<i>Serrious problem</i>
1. Problems between you and your partner	<input type="text" value="0"/>	<input type="text" value="1"/>	<input type="text" value="2"/>
2. Problems in your family	<input type="text" value="0"/>	<input type="text" value="1"/>	<input type="text" value="2"/>
3. To neglect your family	<input type="text" value="0"/>	<input type="text" value="1"/>	<input type="text" value="2"/>
4. Problems between you and your friends	<input type="text" value="0"/>	<input type="text" value="1"/>	<input type="text" value="2"/>
5. To miss days at work or miss classes	<input type="text" value="0"/>	<input type="text" value="1"/>	<input type="text" value="2"/>
6. To lose a job	<input type="text" value="0"/>	<input type="text" value="1"/>	<input type="text" value="2"/>
7. To have lower productivity	<input type="text" value="0"/>	<input type="text" value="1"/>	<input type="text" value="2"/>
8. Medical problems	<input type="text" value="0"/>	<input type="text" value="1"/>	<input type="text" value="2"/>
9. Withdrawl symptoms	<input type="text" value="0"/>	<input type="text" value="1"/>	<input type="text" value="2"/>
10. Blackouts or flashbacks	<input type="text" value="0"/>	<input type="text" value="1"/>	<input type="text" value="2"/>
11. Memory loss	<input type="text" value="0"/>	<input type="text" value="1"/>	<input type="text" value="2"/>
12. Difficulty Sleeping	<input type="text" value="0"/>	<input type="text" value="1"/>	<input type="text" value="2"/>
13. Financial difficulties	<input type="text" value="0"/>	<input type="text" value="1"/>	<input type="text" value="2"/>
14. Legal problems	<input type="text" value="0"/>	<input type="text" value="1"/>	<input type="text" value="2"/>
15. To have lower energy levels	<input type="text" value="0"/>	<input type="text" value="1"/>	<input type="text" value="2"/>
16. To feel bad about your use	<input type="text" value="0"/>	<input type="text" value="1"/>	<input type="text" value="2"/>
17. Lowered self-esteem	<input type="text" value="0"/>	<input type="text" value="1"/>	<input type="text" value="2"/>
18. To procrastinate	<input type="text" value="0"/>	<input type="text" value="1"/>	<input type="text" value="2"/>
19. To lack self-confidence	<input type="text" value="0"/>	<input type="text" value="1"/>	<input type="text" value="2"/>

***Marijuana Problem Scale Scoring Instructions***

To obtain the Marijuana Problem Scale (MPS) Score, add the number of items reported as either a minor problem or serious problem. This score is used in the Marijuana Consequences table for a comparison to other marijuana users' perceived problems.

***MPS Score:***

***Marijuana Consequences Table***

<b><i>Marijuana Problem Score</i></b>	<b><i>Rounded Percentile Ranking</i></b>
0	0
1	1
2	3
3	5
4	8
5	11
6	16
7	23
8	32
9	44
10	57
11	68
12	77
13	85
14	91
15	95
16	98
17	99
18	100
19	100

***Marijuana Consequences Scale Scoring Instructions***

This table shows you where you place relative to other adults seeking marijuana treatment. This means that you experience more problems than x (your score) percent of people seeking treatment for their marijuana use.

***Percentile Ranking:***

*Sources: Stephens et al. 2000; Vendetti et al. 2002.*